



# How to safely clean your work clothes after a shift

When leaving work follow your normal infection control practice

## When your shift finishes



**1**

**Perform hand hygiene BEFORE and AFTER cleaning your work clothes**

**2**

If working in a quarantine, isolation or outbreak setting, remove your work clothes and change into your own clothes before you leave work

Place in a plastic bag or washable laundry bag to take home

## When you arrive home

**1**

Perform hand hygiene when you enter your house

**2**

Remove your work clothes – if still wearing

**3**

Machine wash work clothes (and washable laundry bag) at the highest temperature the fabric tolerates

**4**

Dry thoroughly before reuse

Throw away plastic bags used to carry your work clothes home

Clean all objects you took to work with detergent or alcohol wipes

To receive this in another format phone 1300 651 160 using the National Relay Service 13 36 77 if required, or email Emergency Management Communications <[covid-19@dhhs.vic.gov.au](mailto:covid-19@dhhs.vic.gov.au)>

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Available at: DHHS.vic – coronavirus (COVID-19) <<https://www.dhhs.vic.gov.au/infection-prevention-control-resources-covid-19>>



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