



Caring for facial skin when wearing a surgical face mask



Perform hand hygiene between these steps



Cleanse facial skin with pH balanced cleanser, then moisturise
Allow to dry fully before shift



Have regular drink breaks



Remove mask every 2-4 hours for up to 15 minutes



Check skin for redness/irritation and report to line supervisor
Consider applying thin unwrinkled dressings to protect skin



Perform hand hygiene

Surgical face masks must be worn by all staff

Check the mask is the correct size and fit on your face and over your ears

**Surgical face masks are single use only • Replace when soiled, damp or after 4 hours
DO NOT touch the front of the mask**

To receive this in another format phone 1300 651 160 using the National Relay Service 13 36 77 if required, or email Emergency Management Communications <covid-19@dhhs.vic.gov.au>

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Available at: DHHS.vic – coronavirus disease (COVID-19) <<https://www.dhhs.vic.gov.au/infection-prevention-control-resources-covid-19>>



Health and Human Services



Caring for facial skin when wearing a P2/N95 respirator and eye protection



Perform hand hygiene between these steps



Cleanse facial skin with pH balanced cleanser, then moisturise
Allow to dry fully before shift



Put on respirator and fit check
Remove respirator at least every 2-4 hours for up to 15 minutes, aligning with drink breaks



Respirator must be discarded after removal
Do so safely outside patient areas
Fit check each new respirator



Check skin for further redness or irritation each shift and report to supervisor
Consider applying thin unwrinkled dressings to protect skin



Perform hand hygiene

Check the mask is the correct size and fit on your face and over your ears

**P2/N95 respirators are for single use for up to 4 hours • Replace when soiled, or damp
DO NOT touch the front of the respirator**

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Caring for facial skin

Applying dressings under PPE

Forehead
Approximate measurements
(not to scale)
15 cm
3 / 3.5 cm

Nose and face
Approximate measurements
(not to scale)
5 / 5.5 cm
15 cm
3 / 3.5 cm

Ears
Approximate measurements
(not to scale)
5 / 5.5 / 7 cm
3 / 3.5 cm

Apply dressings to nasal bridge, cheek bones and behind ears. Do not stack multiple dressings.

Apply dressings safely outside patient areas. Fit check every time a new respirator is worn.

Consider referral to a GP or dermatologist if severe irritation continues.

Check the mask is the correct size and fit on your face and over your ears

P2/N95 respirators must be fit checked once wrinkle-free dressings are in place to ensure that the respirator seal is not impaired. Dressings should always be used with caution.

**P2/N95 respirators are for single use for up to 4 hours • Replace when soiled, or damp
DO NOT touch the front of the respirator**

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