



Caring for facial skin when wearing a surgical face mask



Perform hand hygiene between these steps



Cleanse facial skin with pH balanced cleanser, then moisturise
Allow to dry fully before shift



Have regular drink breaks



Remove mask every 2-4 hours for up to 15 minutes



Check skin for redness/irritation and report to line supervisor
Consider applying thin unwrinkled dressings to protect skin



Perform hand hygiene

Surgical face masks must be worn by all staff

Check the mask is the correct size and fit on your face and over your ears

**Surgical face masks are single use only • Replace when soiled, damp or after 4 hours
DO NOT touch the front of the mask**

To receive this in another format phone 1300 651 160 using the National Relay Service 13 36 77 if required, or email Emergency Management Communications <covid-19@dhhs.vic.gov.au>

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Available at: [DHHS.vic – coronavirus \(COVID-19\) <https://www.dhhs.vic.gov.au/infection-prevention-control-resources-covid-19>](https://www.dhhs.vic.gov.au/infection-prevention-control-resources-covid-19)