



# Caring for facial skin

## Applying dressings under PPE

**Forehead**  
Approximate measurements  
(not to scale)  
15 cm  
3 / 3.5 cm

**Nose and face**  
Approximate measurements  
(not to scale)  
5 / 5.5 cm  
15 cm  
3 / 3.5 cm

**Ears**  
Approximate measurements  
(not to scale)  
5 / 5.5 / 7 cm  
3 / 3.5 cm

Apply dressings to nasal bridge, cheekbones and behind ears. Do not stack multiple dressings.

Apply dressings safely outside patient areas. Fit check every time a new respirator is worn.

Consider referral to a GP or dermatologist if severe irritation continues.

### Check the mask is the correct size and fit on your face and over your ears

P2/N95 respirators must be fit checked once wrinkle-free dressings are in place to ensure that the respirator seal is not impaired. Dressings should always be used with caution.

**P2/N95 respirators are for single use for up to 4 hours • Replace when soiled, or damp  
DO NOT touch the front of the respirator**

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Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne.

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