ܡܘܿܕܝܼܿ ܥܵܒ݂ܕܝܼܬܘ ܐܸܿ ܦܿܠܿܵܛܵܐ ܕܿܨܼܚܨܵܝܬܵܘܟ݂ܘ ܩܵܿܐ ܒ݂ܿܵܝܪܘܣܿ
ܢ ܢ ܢ
ܟܘܪܘܢܵܐܿ)-19COVID) ܡܿܣܝܼܡܵܢܵܐ ܝܿܠܹܗܿ
– What to do if you've tested positive for coronavirus (COVID-19)
Assyrian
ܐܸܢ ܦܿܠܵܛܵܐ ܕܿܨܼܚܨܵܝܬܵܘܟ݂ܘܢ ܩܵܿܐ ܒ݂ܿܵܝܪܘܣܿ ܟܘܪܘܢܵܐܿ (-19COVID(ܐܡܣܝܼܡܵܢܵ ܝܿܠܹܗܿ
(ܛܸܦܝܹܐ ܝܿܬܘܢ ܡܼܿܪܥܵܐ)
ܓܵܪܓܼܿ ܕܚܵܒ݂ܫܝܼܬܘܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢ ܗܼܿܠ ܕܿܡܦܼܪܢܣܿܵܢܘܼܬܵܐ ܕܿܚܘܼܠܡܵܢܵܐ ܘܿܕܚܸܠܡܼܬܹܐ ܐ݇ܿܢܵܫܵܝܹܐ ܐܵܿܡܪܝܼܠܵܘܟ݂ܘܢ ܕܿܐ݇ܚܹܪ݇ܢܵܐ ܠܵܿܐܿ ܝܬܘܢܿ
ܣܢܝܼܩܹܐ ܕܿܚܵܒ݂ܫܝܼܬܘܢ ܠܿܵܗܿ̇ ܓܿܵܵܢܘܟ݂ܘܢ.ܐܵܿܢܼܢܩܵܝܬܵܐ ܝܿܠܵܗ̇ ܕܿܬܵܒܥܝܼܬܘܢ ܠܿܐܵܗܵܐ ܦܿܘܼܩܕܵܢܵܐܿ – ܐܼܿܝܟ݂ܿ ܕܩܵܢܘܢܵܐ ܒܸܿܛܠܵܒܵܐ ܝܿܠܹܗ.
ܠܸܩܢܵܝܵܐ ܡܼܿܘܕܥܵܢܘܼܬܵܐ ܙܵܿܘܕܵܢܬܵܐ، ܡܼܿܚܒܸܪܘܼܢ ܩܿܵܐ ܚܿܘܼܛܵܐ ܫܼܿܚܝܼܢܵܐ ܕܿܒ݂ܵܝܪܘܣܿ ܟܘܪܘܢܵܐ ܥܼܿܠ ܡܸܿܢܝܵܢܵܐܿ 1800 675 398)ܦܿܬܝܼܚܵܐܿ
ܝܠܹܗܿ 42 ܣܿܵܥܼܬܹܐ ܒܿܝܵܘܡܵܐܿ، 7 ܝܿܵܘܡܵܢܹܐ ܒܿܫܵܒ݂ܘܥܵܐ(.
ܐܸܢ ܩܿܪܹܐ ܠܵܿܘܟ݂ܘܢ ܩܿܵܐ ܚܿܘܼܛܵܐ ܫܼܿܚܝܼܢܵܐ ܕܿܒ݂ܵܝܪܘܣܿ ܟܘܪܘܢܿܵܐ،ܡܿܵܨܝܼܬܘܢ ܕܿܡܵܛܝܼܬܘܢ ܠܿܚܼܕ ܡܿܬܼܪܓܡܵܢܵܐ ܒܿܦܪܵܫܬܵܐ ܕܿܓܘܼܒܵܝܵܐܿ
ܨܝܼܦܵܪܿ (0).ܩܵܿܐ ܩܿܪܵܝܵܬܹܐ ܐ݇ܿܚܹܪ݇ܢܹܐ،ܐܸܿܢ ܣܿܢܝܼܩܹܐ ܝܿܬܘܢ ܠܿܚܼܕ ܡܿܬܼܪܓܡܵܢܵܐ،ܩܿܪܘܢ ܩܼܿܕ݇ܡܬܵܐ ܩܿܵܐܿ TܿIS National ܥܼܠ ܡܸܿܢܝܵܢܵܐܿ
.131 450
ܐܸܢ ܣܿܢܝܼܩܹܐ ܝܿܬܘܢ ܠܿܗܼܝܼܪܬܵܐܿ ܚܒ݂ܘܫܘܼܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢ ܡ̣ܿܢܿ ܚܼܠܸܠܘܼܢ ܠܿܗܘܢ ܐܿܝܼܕܵܘܟ݂ܘܢܿ ܦܘܼܿܫܘܼܿܢ ܓܵܿܘ ܒܼܿܝܬܵܐ
ܐܵܣܝܵܝܬܵܐ، ܡܼܿܚܒܸܪܘܼܢ ܩܵܿܐܿ ܒܼܝܬܘܼܬܿܵܘܟ݂ܘܢ ܘܿܚܼܒ݂ܪܵܢܿܵܘܟ݂ܘܢ ܘܡܟܼܣܘܼܢ ܠܿܗܘܢ ܫܿܥܵܠܵܘܟ݂ܘܢܿ
ܐܵܣܝܵܘܟ݂ܘܢ ܝܼܿܢ ܩܵܿܐ ܚܿܘܼܛܵܐܿ ܘܬܦܵܬܝܵܬܵܘܟ݂ܘܢ
ܫܼܚܝܼܢܵܐ
ܩܵܡܘܕܝܼܿ ܣܢܝܼܩܵܐ ܝܿܘܸܢ ܕܿܚܵܒ݂ܫܸܢ ܠܵܿܗ̇ ܓܿܵܢܝܼ؟
ܦܠܵܛܵܐ ܕܿܨܼܚܨܵܝܬܵܘܟ݂ܘܢ ܩܵܿܐ ܒ݂ܿܵܝܪܘܣ ܟܿܘܪܘܢܵܐ ܡܿܣܝܼܡܵܢܵܐ ܝܿܠܹܗܿ (ܛܸܦܝܹܐ ܝܿܬܘܢ ܡܼܿܪܥܵܐ) ܘܿܓܵܪܓܼܿ ܕܚܵܒ݂ܫܝܼܬܘܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢ ܣܿܵܒܵܒ ܐܿܝܼܬܿ
ܡܸܬܗܵܘܝܵܢܘܼܬܵܐ ܓܿܘܼܒ݂ܪܬܵܐ ܕܿܡܼܪܥܵܐ ܒܸܿܕ ܦܵܿܪܸܣܿ ܠܐ݇ܢܵܫܹܐ ܐ݇ܿܚܹܪ݇ܢܹܐ.ܗ̇ܿܝܿ ܐܘܼܪܚܵܐ ܒܿܘܼܫܿ ܪܹܫܵܝܬܵܐ ܠܸܿܢܛܵܪܘܗ̇ ܒܼܿܝܬܘܼܬܵܘܟ݂ܘܢ ܘܿܟܢܘܼܫܬܵܐ ܝܼܿܠܵܗ̇ ܕܿܦܵܝܫܝܼܬܘܢܿ
ܓܵܘ ܒܼܿܝܬܿܵܐ ܘܿܪܸܚܩܵܐ ܡ̣ܿܢ ܐ݇ܿܢܵܫܹܐ ܐ݇ܿܚܹܪ݇ܢܹܐܿ (ܪܸܚܩܵܝܘܼܬܵܐ ܦܼܿܓ݂ܪܵܢܵܝܬܵܐ).ܚܿܒ݂ܵܫܬܵܐ ܕܿܓܵܵܢܐ ܡܿܵܨܝܵܐ ܕܿܗܵܘܝܵܐ ܡܼܿܥܝܸܩܵܢܬܵܐ ܕܿܠܸܒܵܐ،ܐܿܝܼܢܵܐ ܗ̇ܿܝܿ ܡܿܵܨܝܵܐ ܕܿܗܼܝܸܪܵܐܿ
ܒܡܼܟܠܵܝܬܵܐ ܕܿܦܪܵܣܬܵܐ ܕܿܒ݂ܵܝܪܘܣܿ ܟܘܪܘܢܵܐ.
ܡܼܥܵܢܝܵܐ ܕܿܚܒ݂ܵܫܬܵܐ ܕܿܓܵܵܢܐ ܝܼܿܠܹܗ ܕܿܐܼܚܬܘܢ ܓܿܵܪܓܼܿ ܕܠܵܐܿ ܦܵܠܛܝܼܬܘܢ ܡ̣ܿܢ ܒܼܿܝܬܵܘܟ݂ܘܢ ܝܼܿܢ ܡ̣ܿܢ ܕܿܘܼܟܵܐ ܐܼܿܝܟܵܐ ܕܿܒܸܚܵܝܵܐ ܝܿܬܘܢ،ܫܿܒ݂ܘܩܿ ܡ̣ܢ ܠܿܩܼܒܘܼܠܹܐܿ
ܡܼܣܼܡܬܵܐ ܕܿܒܵܠܵܐܿ ܐܵܣܝܵܝܬܵܐ، ܝܼܿܢ ܒܿܥܸܕܵܢܵܐ ܕܿܚܕܵܐ ܥܿܪܝܼܨܘܼܬܵܐ. ܐܼܿܚܬܘܢ ܠܹܿܐܿ ܡܵܨܝܼܬܘܢ ܕܿܦܵܠܛܝܼܬܘܢ ܡ̣ܿܢ ܒܼܿܝܬܵܘܟ݂ܘܢ ܠܸܿܥܒ݂ܵܕܵܐ ܢܿܘܼܦܵܩܿܵܐ ܦܼܿܓ݂ܪܵܢܵܝܵܐܿ
(ܐܹܟܣܸܪܣܵܝܣ). ܡܸܿܬܗܵܘܝܵܢܬܵܐ ܝܿܠܵܗ̇ ܕܿܩܼܒܠܝܼܬܘܢ ܚܿܕܵܐ ܬܼܿܢܒܵܐ ܒܿܟܡܵܝܘܼܬܵܐ ܕܿܗܼܠܿ $4,957 ܐܸܿܢ ܦܵܿܠܛܝܼܬܘܢ ܡ̣ܿܢ ܒܼܿܝܬܵܐ ܟܼܿܕ ܦܿܝܼܫܹܐ ܝܿܬܘܢ ܦܿܩܝܼܕܹܐܿ
ܕܚܵܒ݂ܫܝܼܬܘܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢ.ܦܿܘܼܫܘܼܢ ܓܿܵܘ ܒܼܿܝܬܵܐ ܘܿܦܘܼܫܘܼܢ ܒܿܫܼܝܢܵܐ.
ܐܸܢ ܚܼܿܕ ܦܼܿܪܨܘܦܵܐ ܐ݇ܿܚܹܪ݇ܢܵܐ ܕܿܝܵܕܥܝܼܬܘܢ ܠܹܿܗ ܐܿܝܼܬ ܠܹܿܗ ܢܿܝܼܫܼܢܩܹܐ ܕܿܡܼܪܥܵܐ،ܐܵܿܢܝܼ ܓܿܵܪܼܓܿ ܕܦܵܝܫܝܼ ܨܿܘܼܚܨܸܝܹܐ ܘܿܓܵܪܓܼܿ ܕܦܵܝܫܝܼ ܓܿܵܘ ܒܼܿܝܬܵܐ.

ܐܼܝܟܵܐ ܚܿܵܒ݂ܫܸܢ ܠܵܿܗ̇ ܓܿܵܢܝܼ؟
ܓܵܪܼܓܿ ܕܚܼܕܪܹܫܵܐ ܐܵܿܙܠ݇ܝܼܬܘܢ ܠܿܕܘܼܟܵܐ ܐܼܿܝܟܵܐ ܕܿܒܸܕ ܚܿܵܒ݂ܫܝܼܬܘܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢ،ܕܿܠܵܐܿ ܟܠܵܝܵܐ ܒܿܕܘܼܟܵܢܹܐ ܐ݇ܿܚܹܪ݇ܢܹܐ.ܕܿܘܼܟܵܐ ܕܿܚܒ݂ܵܫܬܿܵܐ ܕܿܓܵܵܢܐ ܥܿܝܵܕܵܐܝܼܬ ܝܼܿܠܵܗܿ̇
ܓܵܘ ܒܼܿܝܬܵܐ ܕܿܓܵܵܢܘܟ݂ܘܢ،ܐܿܝܼܢܵܐ ܡܿܕܼܒܪܵܢܘܼܬܵܐ ܕܿܚܘܼܠܡܿܵܢܵܐ ܘܿܕܚܸܠܡܼܬܹܐ ܐ݇ܿܢܵܫܵܝܹܐ ܒܼܿܠܟܵܐ ܕܿܝܵܗܒ݂ܵܐ ܠܵܿܘܟ݂ܘܢ ܦܿܣܵܣܵܐ ܕܿܚܵܒ݂ܫܝܼܬܘܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢ ܓܿܵܘ ܚܿܕܵܐܿ
ܕܘܼܟܵܐ ܐ݇ܿܚܹܪ݇ܬܵܐ ܠܿܚܝܼܡܬܵܐ.
ܓܵܪܓܼܿ ܕܚܼܕܪܹܫܵܐ ܐܵܿܙܠ݇ܝܼܬܘܢ ܠܿܕܘܼܟܵܐ ܐܼܿܝܟܵܐ ܕܿܒܸܕ ܚܿܵܒ݂ܫܝܼܬܘܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢ.
ܩܵܐ ܡܿܵܢܝܼ ܓܿܵܪܼܓܿ ܕܡܼܕܥܸܢ؟
ܡ̣ܢ ܒܵܿܬ݇ܪ ܕܿܦܝܼܫܠܵܘܟ݂ܘܢ ܡܿܘܼܕܥܸܝܹܐ ܒܿܘܼܬܿ ܦܠܵܛܵܐ ܡܿܣܝܼܡܵܢܵܐ ܕܿܨܼܚܨܵܝܬܵܘܟ݂ܘܢ،ܓܿܵܪܓܼ ܕܿܡܼܕܥܝܼܬܘܢ ܩܵܿܐ ܡܼܿܦܠܸܚܵܢܵܘܟ݂ܘܢ،ܘܿܡܵܨܝܼܬܘܢ ܕܿܡܼܕܥܝܼܬܘܢܿ
ܩܵܐ ܐܵܿܢܝܼ ܕܿܩܘܼܪܒܵܐ ܝܿܢܵܐ ܐܸܿܠܵܘܟ݂ܘܢ. ܚܼܿܕ ܦܼܿܪܨܘܦܵܐܿ 'ܕܩܘܼܪܒܵܐ ܝܿܠܹܗ' ܐܸܿܠܵܘܟ݂ܘܢ ܝܼܿܠܹܗ ܗ̇ܿܘ ܦܼܿܪܨܘܦܵܐ ܕܿܒܼܠܟܵܐ ܛܿܵܦܹܐ ܡܼܿܪܥܵܐ ܡܸܿܢܵܘܟ݂ܿܘܢ.ܐܵܿܢܝܼ ܕܿܩܘܼܪܒܵܐܿ
ܝܢܵܐ ܐܸܿܠܵܘܟ݂ܘܢ ܒܼܿܠܟܵܐ ܕܿܚܵܒ݂ܫܝܼ ܐ݇ܿܢܵܫܹܐ ܕܿܟܹܐ ܚܿܵܝܝܼܬܘܢ ܥܼܿܡܼܝܗܝ، ܝܼܿܢ ܐ݇ܿܢܵܫܹܐ ܕܿܟܹܐ ܦܵܿܠܚܝܼܬܘܢ ܥܼܿܡܼܝܗܝ، ܝܼܿܢܿ ܦܼܿܪ̈ܨܘܦܹܐ ܕܿܥܼܡܼܝܗܝܿ ܝܬܘܢ ܗܿܘܵܐ ܓܿܵܘ ܚܼܿܕܿ
ܟܢܘܼܫܝܵܐ ܫܼܿܘܬܵܦܵܝܵܐ.
ܐܵܦܿ ܐܵܢܝܼ ܐܿܿ݇ܢܵܫܹܐ ܕܿܥܼܡܼܝܗܝ ܒܸܿܚܵܝܵܐ ܝܿܬܘܢ ܓܿܵܪܓܼܿ ܕܚܵܒ݂ܫܝܼܠܵܗ̇ ܓܿܵܢܼܝܗܝ،ܣܿܵܒܵܒ ܐܿܝܼܬ ܡܸܿܬܗܵܘܝܿܵܢܘܼܬܵܐ ܓܿܘܼܒ݂ܪܬܵܐ ܕܿܐܵܢܝܼ ܐܿܝܼܬܿ ܠܗܘܢ ܒ݂ܿܵܝܪܘܣ ܟܿܘܪܘܢܵܐܿ.
ܐܼܢܹܐ ܒܸܿܚܒ݂ܵܫܵܐ ܝܿܢܵܐ ܛܸܿܦܠܹܐܿ.
ܡܘܕܝܼܿ ܒܸܕ ܗܿܵܘܹܐ ܡ̣ܿܢ ܒܿܵܬ݇ܪ ܚܼܿܕ ܦܿܠܵܛܵܐ ܕܿܨܼܚܨܵܝܬܵܐ ܡܿܣܝܼܡܵܢܵܐܿ؟
ܦܵܠܵܚܹܐ ܕܿܚܘܼܠܡܵܢܵܐ ܥܼܿܡܡܵܝܵܐ ܒܸܿܕ ܗܼܿܡܙܸܡܝܼ ܥܼܿܡܵܘܟ݂ܘܢ ܒܿܘܼܬ ܐ݇ܿܢܵܫܹܐ ܕܿܗܘܸܝܹܐ ܝܿܬܘܢ ܩܿܘܼܪܒܵܐ ܐܸܿܠܼܝܗܝ. ܦܿܵܠܵܚܹܐ ܕܿܚܘܼܠܡܵܢܵܐ ܥܼܿܡܡܵܝܵܐ ܒܸܿܕ ܡܼܿܚܒܸܪܝܼܿ ܩܵܐܿ
ܐ݇ܢܵܫܹܐ ܕܿܒܸܚܫܵܒ݂ܵܐ ܝܿܢܵܐ ܗܿܘܸܝܹܐ ܝܿܬܘܢ ܩܿܘܼܪܒܵܐ ܐܸܿܠܼܝܗܝ.ܐܵܿܢܝܼ ܒܸܿܕ ܚܼܿܡܝܼܿ ܡܼܘܕܥܵܢܘܼܬܵܐ ܒܿܘܼܬ ܐܼܿܝܟܵܐ ܒܸܿܚܒ݂ܵܫܘܗ̇ ܝܿܬܘܢ ܓܵܿܵܢܘܟ݂ܘܢ ܘܿܡܵܢܝܼ ܒܸܿܚܵܝܵܐ ܝܿܠܹܗܿ
ܥܼܡܵܘܟ݂ܘܢܿ.
ܦܵܠܵܚܹܐ ܕܿܚܘܼܠܡܵܢܵܐ ܥܼܿܡܡܵܝܵܐ ܒܸܿܕ ܝܿܵܗܒ݂ܝܼ ܘܿܫܵܩܠܝܼ ܥܼܿܡܵܘܟ݂ܘܢ ܪܹܿܐܙܵܢܵܐܝܼܬ. ܐܼܿܚܬܘܢ ܡܿܵܨܝܼܬܘܢ ܕܿܐܼܡܝܼܢܵܐܝܼܬ ܡܼܿܚܒܸܪܝܼܬܘܢ ܠܿܗܘܢ ܐܸܿܢ ܣܿܢܝܼܩܠܵܘܟ݂ܘܢܿ
ܠܗܼܝܼܪܬܵܐ ܙܵܿܘܕܵܢܬܵܐ، ܝܼܿܢ ܐܸܿܢ ܐܿܝܼܬܠܿܵܘܟ݂ܘܢ ܒܿܘܼܩܵܪܹ̈ܐ ܐ݇ܿܚܹܪ݇ܢܹܐ ܒܿܘܼܬ ܚܼܿܡܵܝܬܵܐ ܕܿܓܵܵܢܘܟ݂ܘܢ ܒܿܫܼܝܢܵܐ ܘܿܒܚܘܼܠܡܵܢܵܐ ܛܿܵܒ݂ܵܐ.ܓܿܵܪܓܼܿ ܕܦܵܝܫܝܼܬܘܢ ܓܿܵܘܿ
ܚܒ݂ܝܼܫܘܼܬܵܐ ܕܿܓܵܵܢܐ ܗܼܿܠ ܕܿܦܵܠܵܚܹܐ ܕܿܚܘܼܠܡܿܵܢܵܐ ܥܼܿܡܡܵܝܵܐ ܐܵܿܡܪܝܼܠܵܘܟ݂ܘܢ ܕܿܐ݇ܚܹܪ݇ܢܵܐ ܠܵܿܐܿ ܝܬܘܢ ܣܿܢܝܼܩܹܿܐ ܕܿܚܵܒ݂ܫܝܼܬܘܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢܿ.
ܕܵܐܟ݂ܝܼ ܠܿܚܼܡܘܼܝܘܗ̇ ܓܵܿܵܢܘܟ݂ܘܢ ܒܿܫܼܝܢܵܐ
ܓܵܪܼܓܿ ܕܠܵܐܿ ܦܵܠܛܝܼܬܘܢ ܡ̣ܿܢ ܒܼܿܝܬܵܘܟ݂ܘܢ ܝܼܿܢ ܡ̣ܿܢ ܕܿܘܼܟܵܐ ܐܼܿܝܟܵܐ ܕܿܒܸܚܵܝܵܐ ܝܿܬܘܢ،ܫܿܒ݂ܘܩܿ ܡ̣ܢ ܠܿܩܼܒܘܼܠܹܐܿ ܡܼܣܼܡܬܵܐ ܕܿܒܵܠܵܐܿ ܐܵܣܝܵܝܬܵܐ، ܝܼܿܿܢ ܒܿܥܸܕܵܢܵܐ ܕܿܚܕܵܐܿ
ܥܪܝܼܨܘܼܬܵܐܿ.
• ܦܪܘܫܘܼܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢ ܡ̣ܿܢ ܐ݇ܿܢܵܫܹܐ ܐ݇ܿܚܹܪ݇ܢܹܿܐ ܕܿܓܵܘ ܒܼܿܝܬܵܘܟ݂ܘܢ ܒܿܚܼܡܵܝܬܵܐ ܕܿܓܵܵܢܘܟ݂ܘܢ ܓܿܵܘ ܚܿܕܵܐ ܐܿܘܬܵܓ݂ܵܐ ܦܿܪܝܼܫܬܵܐ.
• ܚܼܠܸܠܘܼܢ ܠܿܗܘܢ ܐܿܝܼܕܵܘܟ݂ܵܘܢ ܪܹܿܐܙܵܢܵܐܝܼܬ ܘܿܡܟܼܣܘܼܢ ܠܿܗܘܢ ܫܿܥܵܠܵܘܟ݂ܘܢ ܘܿܬܦܵܬܝܵܬܵܘܟ݂ܘܢ.
• ܠܒ݂ܘܫܘܼܢ ܚܿܕܵܐ ܬܼܿܚܦܝܼܬܵܐܿ (ܟܼܡܵܡܵܐ) ܕܿܨܵܪܘܝܘܼܬܵܐ ܐܿܝܼܡܼܢ ܕܿܓܵܘ ܚܿܕܵܐ ܐܿܘܬܵܓ݂ܵܐ ܝܿܬܘܢ ܥܼܿܡ ܐ݇ܿܢܵܫܹܐ ܐ݇ܿܚܹܪ݇ܢܹܐ ܘܿܚܼܡܝܼܬܘܢ ܠܵܿܗ̇ ܓܵܿܵܢܘܟ݂ܘܢܿ 5.1 ܡܼܿܬܪܹܐܿ
ܪܸܚܩܵܐ ܡܸܿܢܼܝܗܝ.
• ܡܼܦܠܸܚܘܼܢ ܚܿܕܵܐ ܗܼܿܡܵܡܵܐ ܦܿܪܝܼܫܬܵܐ،ܐܸܿܢ ܡܸܿܬܡܼܨܝܵܢܬܵܐ ܝܿܠܵܗ̇.
• ܠܵܐܿ ܡܼܦܠܸܚܝܼܬܘܢ ܠܿܗܘܢ ܡܸܿܢܕܝܼܵܢܹܐ ܕܿܒܼܝܬܘܼܬܵܐܿ (ܒܸܚܒ݂ܵܫܵܐ ܡܿܵܐܢܹܐ، ܟܿܵܐܣܹܐ ܘܿܣܟܝܼܢܝܵܬܹܐ ܘܿܡܵܐܢܹܐ ܚܼܿܪܝܼܦܹܐ) ܕܿܐ݇ܢܵܫܹܐ ܐ݇ܿܚܹܪ݇ܢܹܐ ܕܿܒܼܝܬܘܼܬܵܐ ܟܹܿܐܿ
ܡܼܦܠܸܚܝܼܠܗܘܢ.
• ܬܼܡܸܙܘܼܢ ܠܿܗܘܢ ܦܵܿܬܘܵܬܹܐ ܕܿܡܸܢܕܝܼܵܢܹܐ ܕܿܒܼܝܬܘܼܬܵܐܿ (ܦܵܬܘܵܬܹܐ ܕܿܛܼܒܠܝܼܵܬܹܐ، ܬܼܿܪ̈ܥܵܢܹܐ،ܠܿܘܼܚܹܐ ܕܿܩܕܝܼܠܹܐ، ܒܼܿܢܒܘܼܠܹܐܿ ܘܩܼܬܵܬܹܐ).
• ܠܒ݂ܘܫܘܼܢ ܚܿܕܵܐ ܬܼܿܚܦܝܼܬܵܐ ܕܿܨܵܪܘܝܘܼܬܵܐ ܘܿܒܢܼܬ ܐܿܝܼܕܹܐ ܡܸܿܬܪܼܦܝܵܢܹܐ ܐܿܝܼܡܼܢ ܕܿܦܠܵܚܵܐ ܝܿܬܘܢ ܒܿܡܸܢܕܝܼܵܢܹܐ ܫܸܿܚܬܵܢܹܐ.
• ܪܼܦܘܼܢ ܠܿܗܘܢ ܡܸܿܢܕܝܼܵܢܹܐ ܡܿܫܘܼܚܬܸܢܹܐ ܐܼܿܝܟ݂ ܒܿܢܼܬ ܐܿܝܼܕܹܐ ܘܿܬܼܚܦܝܼܵܬܹܐ ܓܿܵܘ ܚܼܿܕ ܨܼܿܢܕܘܼܩܵܐ ܕܿܙܸܒܠܵܐܿ ܡܫܘܼܘܝܵܐ ܡ̣ܿܢ ܓܿܵܘܵܝܿ ܒܚܕܵܐ ܟܿܝܼܣܬܿܵܐ ܕܿܦܠܵܣܬܝܼܟ.
• ܠܵܐܿ ܫܵܒ݂ܩܝܼܬܘܢ ܕܿܐ݇ܢܵܫܹܐ ܣܼܿܚܒܸܪܝܼܠܵܘܟ݂ܘܢ ܠܿܓܵܘܵܝܿ ܕܒܼܝܬܵܘܟ݂ܘܢ ܝܿܢܼ ܕܿܕܘܼܟܵܐ ܐܼܿܝܟܵܐ ܕܿܟܹܐ ܚܿܵܝܝܼܬܘܢ.
• ܐܸܢ ܒܸܿܚܵܝܵܐ ܝܿܬܘܢ ܓܿܵܘ ܚܼܿܕ ܒܼܿܝܬܵܐ ܕܿܝܼܠܵܵܢܝܵܐ ܕܿܓܵܵܢܘܟ݂ܘܢ، ܝܼܿܢ ܓܿܵܘ ܚܿܕܵܐ ܝܿܵܪܝܼܥܬܵܐܿ (ܫܸܩܵܐ) ܕܿܓܵܵܢܘܟ݂ܘܢ،ܡܿܵܨܝܼܬܘܢ ܕܿܦܵܠܛܝܼܬܘܢ ܠܿܓܵܘ ܓܼܿܢܬܵܘܟ݂ܘܢܿ
ܝܼܢ ܒܼܿܠܟܘܢܵܘܟ݂ܘܢ.ܓܿܵܪܓܼܿ ܕܠܵܒ݂ܫܝܼܬܘܢ ܚܿܕܵܐ ܬܼܿܚܦܝܼܬܵܐ ܕܿܨܵܪܘܝܘܼܬܵܐ ܟܼܿܕ ܒܸܿܓ̰ܘܵܓ̰ܵܐ ܝܿܬܘܢ ܒܿܓܵܘܵܐ ܕܿܕܘܼܟܵܐ ܐܼܿܝܟܵܐ ܕܿܒܸܚܵܝܵܐ ܝܿܬܘܢ.
ܛܠܘܒܘܼܢ ܡ̣ܿܢ ܚܼܿܒ݂ܪܵܢܹܐ ܝܿܢܼ ܡ̣ܿܢ ܗܼܿܕܵܡܹܐ ܕܿܒܼܝܬܘܼܬܵܐ، ܐܿܵܢܝܼ ܕܿܠܵܐܿ ܝܠܵܗ̇ ܦܿܝܼܫܬܵܐ ܛܿܠܝܼܒܬܵܐ ܡܸܿܢܼܝܗܝܿ ܕܚܵܒ݂ܫܝܼܠܵܗ̇ ܓܿܵܢܼܝܗܝ،ܕܿܡܼܝܬ݇ܝܼܠܵܘܟ݂ܘܢܿ
ܡܹܐܟ݂ܘܼܠܬܵܐ ܘܿܣܢܝܼܩܘܼܝܵܬܹܐ ܐ݇ܿܚܹܪ݇ܢܹܐ ܕܿܚܼܝܘܼܬܵܐ.
ܡܸܬܗܵܘܝܵܢܬܵܐ ܝܿܠܵܗ̇ ܕܿܩܼܒܠܝܼܬܘܢ ܚܿܕܵܐ ܬܼܿܢܒܵܐ ܒܿܟܡܵܝܘܼܬܵܐ ܕܿܗܼܠܿ $4,957 ܐܸܿܢ ܦܵܿܠܛܝܼܬܘܢ ܡ̣ܿܢ ܒܼܿܝܬܵܐ ܟܼܿܕ ܦܿܝܼܫܹܐ ܝܿܬܘܢ ܦܿܩܝܼܕܹܐ ܕܿܚܵܒ݂ܫܝܼܬܘܢ ܠܵܿܗܿ̇
ܓܵܵܢܘܟ݂ܘܢ.ܦܿܘܼܫܘܼܢ ܓܿܵܘ ܒܼܿܝܬܵܐ ܘܿܦܘܼܫܘܼܢ ܒܿܫܼܝܢܵܐ.
Assyrian 2 – What to do if you've tested positive for coronavirus (COVID-19)

ܡܼܪܗܘܼܢ ܥܼܿܝܢܵܐ ܥܼܿܠ ܢܿܝܼܫܼܢܩܵܘܟ݂ܘܢ
ܐܸܢ ܢܿܝܼܫܼܢܩܵܘܟ݂ܘܢ ܒܸܿܗܘܵܝܵܐ ܝܿܢܵܐ ܒܿܘܼܫܿ ܚܸܪܒܵܐ ܐܿܝܼܢܵܐ ܠܵܿܐܿ ܝܢܵܐ ܩܸܿܫܝܹܐ، ܡܼܿܚܒܸܪܘܼܢ ܩܵܿܐ ܐܵܿܣܝܵܘܟ݂ܘܢ.ܐܸܿܢ ܡܿܢܼܣܘܼܝܹܐ ܝܿܬܘܢ ܚܿܕܵܐ ܥܿܪܝܼܨܘܼܿܬܵܐ ܐܵܿܣܝܵܝܬܵܐܿ)ܩܵܐܿ
ܛܘܼܦ̮ܣܵܐ،ܐܿܝܼܬܠܵܘܟ݂ܘܢ ܥܼܿܣܩܘܼܬܵܐ ܒܿܫܩܵܠܵܐܿ ܢܵܦܵܣ(ܩܿܪܘܼܢ ܥܼܿܠܿ ܡܸܢܝܵܢܵܐ ܕܿܬܠܵܬܵܐ ܨܿܝܼܦܵܪܹ̈ܐܿ)000(ܘܿܛܠܘܒܘܼܢ ܚܿܕܵܐ ܐܼܿܡܒܘܿܠܵܢܣ.ܐ݇ܿܡܘܪܘܼܢ ܩܵܿܐܿ
ܦܵܠܵܚܹܐ ܕܿܐܼܡܒܘܠܵܢܣ ܕܿܐܝܼܬܠܵܘܟ݂ܘܢ ܒ݂ܿܵܝܪܘܣܿ ܟܘܪܘܢܵܐܿ)-19COVID).
ܡܼܣܸܡܘܼܢ ܒܿܵܠܵܐܿ ܠܛܵܒ݂ܘܼܬܵܐ ܕܿܚܼܝܵܘܟ݂ܘܢ
ܥܼܣܩܵܐ ܝܿܠܵܗ̇ ܐܿܝܼܡܼܢ ܕܿܐ݇ܢܵܫܵܐ ܓܿܵܘ ܚܿܒ݂ܝܼܫܘܼܬܵܐ ܕܿܓܵܵܢܐ ܝܿܠܹܗ،ܦܿܪܝܼܫܵܐܝܼܬܿ ܩܵܐ ܛܸܿܦܠܹܐ.
• ܗܼܡܙܸܡܘܼܢ ܥܼܿܡ ܗܼܿܕܵܡܹܐ ܐ݇ܿܚܹܪ݇ܢܹܐ ܕܿܒܼܝܬܘܼܬܵܐ. ܦܼܿܪܡܿܵܝܬܵܐ ܕܿܡܼܘܕܥܵܢܘܼܬܵܐ ܒܿܘܼܬܿ -COVID 19 ܒܸܿܕ ܡܼܿܒܨܸܪܵܐ ܠܵܿܗ̇ ܢܹܿܓܵܪܵܢܘܼܬܵܐ.
• ܡܼܪܝܸܙܘܼܢ ܥܼܿܡ ܡܼܿܦܠܸܚܵܢܵܘܟ݂ܘܢ ܕܿܦܵܠܚܝܼܬܘܢ ܡ̣ܿܢ ܓܿܵܘ ܒܼܿܝܬܵܐ،ܐܸܿܢ ܡܸܿܬܡܼܨܝܵܢܬܵܐ ܝܿܠܵܗ̇.
• ܣܢܘܕܘܼܢ ܠܹܿܗ ܝܿܘܼܠܦܵܵܢܐ ܕܿܛܸܦܠܵܘܟ݂ܘܢ ܡ̣ܿܢ ܓܿܵܘ ܒܼܿܝܬܵܐ. ܡܼܿܦܠܸܚܘܼܢ ܠܿܗܘܢ ܡܼܿܒܘܼܥܹܐ ܕܿܐܝܼܬܿ ܩܼܕ݇ܡܿ ܐܝܼܕܵܐ ܥܼܿܠ ܐܸܿܢܬܸܪܢܹܝܬ.
• ܚܼܡܘܼܢ ܠܹܿܗ ܝܿܵܗܒ݂ܫܩܵܠܵܘܟ݂ܘܢ ܥܼܿܡ ܒܼܿܝܬܘܼܬܵܐ ܘܿܚܼܒ݂ܪܵܢܹܐ ܒܿܐܘܼܪܚܵܐ ܕܿܬܹܠܝܼܦ̮ܘܢ، ܝܼܿܢ ܕܿܐܝܼܡܵܝܠ ܝܼܿܢ ܡܸܿܨܥܹܐ ܕܿܝܘܼܕܵܥܵܐ ܫܼܿܘܬܵܦܵܝܵܐ.
• ܕܵܟ݂ܪܝܼܬܘܢ ܕܿܚܒ݂ܝܼܫܘܼܬܵܐ ܕܿܓܵܵܢܐ ܠܹܿܐܿ ܡܼܓܪܸܫܵܐ ܚܼܿܕ ܙܼܿܒ݂ܢܵܐ ܝܼܿܪܝܼܟ݂ܵܐ.
• ܡܼܦܠܸܚܘܼܢ ܠܿܗܘܢ ܡܼܿܒܘܼܥܹܐ ܕܿܡܼܘܕܥܵܢܘܼܬܵܐ ܕܿܐܝܼܬ ܥܼܿܠ ܐܸܿܢܬܸܪܢܹܝܬܿ – ܒܸܚܒ݂ܵܫܵܐ ܡܸܿܠܟܵܐܿ (ܢܼܨܝܼܗܼܬ) ܒܿܘܼܬ ܫܸܿܢܬܵܐ ܘܿܛܵܒ݂ܘܼܬܵܐ ܕܿܚܼܝܹܐ ܘܿܢܘܼܦܵܩܵܐܿ
ܦܼܓ݂ܪܵܢܵܝܵܐ ܓܿܵܘ ܒܼܿܝܬܵܐ. ܒ݂ܿܝܼܕܝܘܝܹܐ ܡܿܵܨܝܵܐ ܕܿܦܵܝܫܝܼ ܩܸܿܢܝܹܐ ܥܼܿܠ ܫܵܿܘܦܵܐ ܐܹܿܠܸܟܬܪܘܢܵܝܵܐ ܕܿ Weܿllbeing Victoriaܿ -
.<https://www.together.vic.gov.au/wellbeing-victoria>
ܐܸܢ ܠܵܿܐܿ ܝܬܘܢ ܡܿܨܵܝܵܐ ܕܿܩܿܵܕܝܼܬܘܢ ܠܵܿܗ̇، ܗܼܿܡܙܸܡܘܼܢ ܥܼܿܡ ܐܵܿܣܝܵܘܟ݂ܘܢ ܝܿܢܼ ܡܼܿܚܒܸܪܘܼܢ ܩܵܿܐ:
• Lܿifeline Australia - ،>https://www.lifeline.org.au/> ܡܸܿܢܝܵܢܵܐ ܕܿܬܹܠܝܼܦ̮ܘ:ܢܿ 13 11 14
ܚܕܵܐ ܚܸܿܠܡܼܬ ܕܿܣܢܵܕܬܵܐ ܒܿܥܸܿܕܵܢܵܐ ܕܿܐܘܼܠܨܵܢܵܐ ܕܿܟܹܐ ܡܼܿܩܪܸܒ݂ܵܐ ܣܿܢܵܕܬܵܐ ܒܿܟܠܿ ܥܸܕܵܢܵܐ ܕܿܗܵܘܝܵܐ.
• Beyond Blue - ،>https://www.beyondblue.org.au/> ܡܸܿܢܝܵܢܵܐ ܕܿܬܹܠܝܼܦ̮ܘܢ: 1300 22 4636
ܐܵܢܝܼ ܟܹܿܐ ܡܼܿܩܪܸܒ݂ܝܼ ܗܼܿܝܼܪܬܵܐ ܚܼܿܒܝܼܪܵܝܬܵܐ ܩܵܿܐ ܐ݇ܿܢܵܫܹܐ ܕܿܒܸܚܵܝܵܐ ܝܿܢܵܐ ܒܿܢܼܦ̮ܫܼܝܗܝܿ.
• Kids Helpline - ،>https://www.kidshelpline.com.au/> ܡܸܿܢܝܵܢܵܐ ܕܿܬܹܠܝܼܦ̮ܘܢ: 1800 551800
ܚܕܵܐ ܚܸܿܠܡܼܬ ܕܿܡܵܠܘܟ݂ܘܼܬܵܐ ܡܼܿܓܵܵܢܝܬܵܐ ܘܿܐ݇ܪܵܙܵܢܵܝܬܵܐ ܩܵܿܐ ܥܿܠܼܝܡܹܐ.
ܣܢܵܕܬܵܐܿ ܦܝܵܫܵܐ ܝܿܠܹܗ ܡܿܘܼܩܪܸܒ݂ܬܵܐ
ܚܼܕ ܦܿܘܼܪܥܵܵܢܐ ܕܿܒܚܕܵܐ ܓܿܵܗܵܐ ܒܿܟܡܵܝܘܼܬܵܐ ܕܿܿ $1,500 ܦܿܝܵܫܵܐ ܝܿܠܹܗ ܦܸܿܪܥܝܵܐ ܠܸܿܣܢܵܕܵܐ ܩܵܿܐ ܐܵܿܢܝܼ ܦܵܿܠܵܚܹܐ ܕܿܒ݂ܝܼܟܬܘܪܝܵܐ ܕܿܠܚܝܼܡܹܐ ܝܿܢܵܐ ܘܿܕܦܝܼܫܬܵܐ ܝܿܠܵܗܿ̇
ܡܫܘܼܪܸܪܬܵܐ ܕܿܛܸܦܝܹܐ ܝܿܢܵܐ ܡܼܿܪܥܵܐ ܕܿܒ݂ܵܝܪܘܣ ܟܿܘܪܘܢܵܐ ܝܼܿܢ ܕܿܕܩܝܼܪܹܐ ܝܿܢܵܐ ܡ̣ܿܢ ܩܿܘܼܪܒܵܐ ܒܿܚܼܕ ܦܼܿܪܨܘܦܵܐ ܕܿܦܝܼܫܬܵܐ ܝܿܠܵܗ̇ ܡܿܫܘܼܪܸܪܬܵܐ ܕܿܛܸܿܦܝܵܐ ܝܿܠܹܗ ܐܵܿܗܵܐܿ
ܡܼܪܥܵܐ. ܠܸܿܩܢܵܝܵܐ ܡܼܿܘܕܥܿܵܢܘܼܬܵܐ، ܣܼܿܚܒܸܪܘܼܢ ܠܿܿ ܦܘܼܪܥܵܵܢܐ ܕܿܡܼܢܝܼܚܬܵܐ ܡ̣ܿܢ ܓܿܘܼܢܚܵܐ ܕܿܟܘܼܪܗܵܢܵܐ Pandemic Leave Disaster Payment -
<https://www.servicesaustralia.gov.au/individuals/services/centrelink/pandemic-leave-disaster-
.payment>
ܡܼܨܝܼܬܘܢ ܕܿܛܵܠܒܝܼܬܘܢ ܟܼܿܪ̈ܡܘܼܟ݂ܝܵܬܹܐ ܕܿܥܘܼܕܪܵܢܵܐ ܒܿܥܸܕܵܢܵܐ ܕܿܥܪܝܼܨܘܼܬܵܐ ܕܿܒܸܚܒ݂ܵܫܵܐ ܝܿܢܵܐ ܡܹܿܐܟ݂ܘܼܠܬܵܐ ܘܿܡܠܘܐܹܐ ܦܼܿܪ̈ܨܘܦܵܝܹܐ ܐܸܿܢ ܠܵܿܐܿ ܡܵܨܝܼܬܘܢܿ
ܕܩܼܒܠܝܼܬܘܢ ܗܼܿܝܼܪܬܵܐ ܡ̣ܿܢ ܚܼܿܒ݂ܪܵܢܹܐ ܝܼܿܢ ܒܼܿܝܬܘܼܬܵܐܿܿ.
ܠܸܩܢܵܝܵܐ ܡܼܿܘܕܥܵܢܘܼܬܵܐ ܒܿܘܼܬ ܣܿܢܵܕܬܵܐ ܘܿܟܼܪ̈ܡܘܼܟ݂ܝܵܬܹܐ ܕܿܥܘܼܕܪܵܢܵܐ ܒܿܥܸܕܵܢܵܐ ܕܿܥܪܝܼܨܘܼܬܵܐ، ܝܼܿܢ ܠܸܿܛܠܵܒܵܐ ܗܼܿܝܼܪܬܵܐ ܒܿܙܒ݂ܵܢܬܵܐ ܕܿܡܸܢܕܝܼܵܢܹ ܐܹ ܕܿܡܹܐܟܼܘܼܠܬܵܐܿ
ܘܣܢܝܼܩܘܵܬܹܐ ܕܿܒܼܝܬܘܼܬܵܐ، ܣܼܿܚܒܸܪܘܼܢ ܠܿܿ vic.DܿHHS - ܚܿܒ݂ܝܼܫܘܼܬܵܐ ܚܿܘܼܠܡܵܢܵܝܬܵܐ ܘܿܡܦܼܪܫܵܢܘܼܬܵܐܿܿ Quarantine andܿ – DHHS.vic.
iܿsolation - <https://www.dhhs.vic.gov.au/self-quaranܿtine-coronavirus-covid-19> ܝܼܿܢ ܩܿܪܘܢ ܩܿܵܐ ܚܿܘܼܛܵܐ ܫܼܿܚܝܼܢܵܐܿ
ܕܒ݂ܵܝܪܘܣܿ ܟܘܪܿܘܢܵܐ ܥܼܿܠܿ ܡܸܢܝܵܢܵܐܿ .1800 675 398
ܡܼܘܕܥܵܢܘܼܬܵܐ ܩܵܿܐ ܡܼܿܩܪܸܒ݂ܵܢܹܐ ܕܿܡܼܣܼܡܬܵܐ ܕܿܒܵܠܵܐܿ ܘܗܼܕܵܡܹܐ ܐ݇ܿܚܹܪ݇ܢܹܿܐ ܕܿܒܼܝܬܘܼܬܵܐܿ
ܐܸܢ ܡܼܿܣܘܼܡܹܐ ܝܿܬܘܢ ܒܿܵܠܵܐܿ ܠܚܼܕ ܗܼܿܕܵܡܵܐ ܕܿܒܼܝܬܘܼܬܵܐ ܕܿܡܸܪܥܝܵܐ ܝܿܠܹܗ،ܬܿܵܡܵܐ ܐܿܝܼܬܿ ܚܼܕ ܡܸܿܢܝܵܢܵܐ ܕܿܡܸܢܕܝܼܵܢܹܐ ܐܵܿܢܼܢܩܵܝܹܐ ܕܿܓܵܪܼܓܿ ܥܵܒ݂ܕܝܼܿܬܘܢ ܠܿܗܘܢܿ
ܒܢܝܼܫܵܐ ܠܿܚܼܡܘܼܝܹܐ ܩܵܿܐ ܟܿܠܿ ܚܼܕ ܦܼܿܪܨܘܦܵܐ ܕܿܓܵܘ ܒܼܿܝܬܵܘܟ݂ܘܢ ܒܿܫܼܝܢܿܵܐ:
• ܐܵܢܼܢܩܵܝܬܵܐ ܝܿܠܵܗ̇ ܕܿܦܼܪܨܘܦܵܐ ܕܿܡܸܪܥܝܵܐ ܝܿܠܹܗ ܕܿܦܵܐܸܫܿ ܚܘܼܡܝܵܐ ܓܿܵܘ ܚܿܕܵܐ ܐܿܘܬܵܓ݂ܵܐ،ܪܸܿܚܩܵܐ ܡ̣ܿܢ ܐ݇ܿܢܵܫܹܐ ܐ݇ܿܚܹܪ݇ܢܹܐ.
• ܚܼܡܘܼܢ ܠܹܿܗ ܬܼܿܪܥܵܐ ܕܿܐܘܬܵܓ݂ܼܝܗܝܿ ܡܘܼܟܸܣܵܐ ܘܿܟܵܘܵܬܹܐ ܦܿܬܝܼܚܹܐ، ܐܼܿܝܟܵܐ ܕܿܡܸܬܡܼܨܝܵܢܬܵܐ ܝܿܠܵܗ̇.
• ܡܸܢܝܵܢܵܐ ܕܿܐ݇ܢܵܫܹܐ ܕܿܡܼܣܘܼܡܹܐ ܝܿܢܵܐ ܒܿܵܠܵܐܿ ܠܦܼܪܨܘܦܵܐ ܡܸܿܿܪܥܝܵܐ ܗܿܵܘܹܐ ܟܿܘܼܦܵܐ ܐܼܿܝܟ݂ ܟܿܡܵܐ ܕܿܡܸܬܡܼܨܝܵܢܬܵܐ ܝܿܠܵܗܿ.
Assyrian 3 – What to do if you've tested positive for coronavirus (COVID-19)

• ܐܼܡܝܼܢܵܐܝܼܬ ܚܼܿܠܸܠܘܼܢ ܠܿܗܘܢ ܐܿܝܼܕܵܘܟ݂ܘܢ ܒܿܨܵܒܘܢ ܘܿܒܡܝܼܵܐ ܝܼܿܢ ܡܼܿܦܠܸܚܘܼܢ ܡܿܕܼܟ݂ܝܵܢܵܐ ܕܿܐܝܼܕܹܐ ܡ̣ܿܢ ܩܼܿܕ݇ܡܿ ܘܡ̣ܢ ܒܵܿܬ݇ܪ ܕܿܥܵܒ݂ܪܝܼܿܬܘܢ ܠܿܓܵܘ ܐܿܘܬܵܓ݂ܵܐ.
• ܚܼܡܘܼܢ ܠܿܗܘܢ ܩܿܘܼܣܼܪ̈ܝܵܬܹܐ ܘܿܡܵܐܢܹܐ ܘܿܟ̰ܼܡܟܹ̰ܐ ܘܿܣܟܝܼܢܝܵܬܹܐ ܘܿܫܼܪܟܵܐ ܕܿܦܼܪܨܘܦܵܐ ܕܿܡܸܪܥܝܵܐ ܝܿܠܹܗ ܕܿܗܵܘܝܼܿܿ ܦܪܝܼܫܹܐ ܡ̣ܿܢ ܐܵܿܢܝܼ ܕܿܩܵܐ ܣܼܿܗܡܵܐ ܦܵܿܝܫܵܢܵܐܿ
ܕܗܼܕܵܡܹܐ ܕܿܒܼܝܬܘܼܬܵܐ.
• ܠܒ݂ܘܫܘܼܢ ܚܿܕܵܐ ܬܼܿܚܦܝܼܬܵܐ ܕܿܨܵܪܘܝܘܼܬܵܐ،ܐܸܿܢ ܐܿܝܼܬܿ ܩܼܕ݇ܡܿ ܐܝܼܕܵܐܿ (ܬܼܚܦܝܼܬܵܐ ܕܿܦܵܬܵܐ ܡܿܘܼܦܠܸܚܬܵܐ ܒܿܚܕܵܐ ܓܿܵܗܵܐ)،ܐܿܝܼܡܼܢ ܕܿܝܼܬܘܢ ܓܿܵܘ ܐܿܘܬܵܓ݂ܵܐܿ
ܕܦܼܪܨܘܦܵܐ ܡܸܿܪܥܝܵܐ.ܐܸܿܿܢ ܠܼܿܝܬܿ ܠܵܘܟ݂ܘܢ ܚܿܕܵܐ ܬܼܿܚܦܝܼܬܵܐ ܕܿܨܵܪܘܝܘܼܬܵܐ، ܡܼܿܦܠܸܚܘܼܢ ܒܿܫܵܘܦܵܗ̇ ܚܿܕܵܐ ܡܿܟܼܣܝܵܢܬܵܐ ܕܿܦܵܬܵܐ، ܐܼܿܝܟ݂ܿ ܚܼܕ ܫܵܿܠܵܐܿ ܝܼܢ ܚܿܕܵܐܿ
ܝܵܠܼܚܬܵܐܿ.
• ܬܼܡܸܙܘܼܢ ܘܿܡܕܼܟ݂ܘܼܢ ܠܿܗܘܢ ܪܹܿܐܙܵܢܵܐܝܼܬ ܟܿܠܼܝܗܝܿ ܦܵܬܘܵܬܹܐ ܕܿܟܹܐ ܦܵܿܝܫܝܼ ܕܿܩܝܼܪܹܐ ܒܿܐܝܼܕܵܐ ܪܵܿܒܵܐ ܓܿܵܗܹܐ، ܐܼܿܝܟ݂ܿ ܦܵܬܘܵܬܹܐ ܕܿܛܼܒܠܝܼܵܬܹܐ، ܬܼܿܪ̈ܥܿܵܢܹܐ،ܠܿܘܼܚܹܐܿ
ܕܩܕܝܼܠܹܐ، ܒܼܿܢܒܘܼܠܹܐܿ ܘܩܼܬܵܬܹܐ.
• ܪܼܦܘܼܢ ܠܿܗܘܢ ܝܿܵܠܼܚܝܵܬܹܐ ܕܿܘܼܪܵܩܵܐܿ (ܬܝܼܫܝܘ) ܘܿܬܼܚܦܝܼܵܬܹܐ ܓܿܵܘ ܚܿܕܵܐ ܟܿܝܼܣܬܵܐ ܕܿܦܠܵܣܬܝܼܟ ܕܿܒ݂ܝܼܪܬܵܐ.
• ܠܒ݂ܘܫܘܼܿܢ ܚܿܕܵܐ ܬܼܿܚܦܝܼܬܵܐ ܘܿܒܢܼܬܿ ܐܝܼܕܹܐ ܐܿܝܼܡܼܢ ܕܿܡܣܵܝܵܐ ܝܿܬܘܢ ܠܿܒ݂ܘܫܹܐ، ܘܿܡܣܘܼܢ ܠܿܗܘܢ ܒܿܗ̇ܘ ܕܼܿܪܓ݂ܵܐ ܒܿܘܼܫܿ ܪܵܡܵܐ ܕܿܫܚܘܼܢܬܿܵܐ.
• ܠܵܐܿ ܗܵܘܝܼܠܵܘܟ݂ܘܢ ܣܼܿܚܒܸܪܵܢܹܐ.
ܐܸܢ ܐܼܿܝܟܼܢܵܝܘܼܬܵܐ ܕܿܦܼܪܨܘܦܵܐ ܡܸܿܪܥܝܵܐ ܒܸܿܗܘܵܝܵܐ ܝܿܠܵܗ̇ ܒܿܘܼܫܿ ܚܸܪܒܵܐ،ܩܿܪܘܼܢ ܩܵܿܐ ܚܿܘܼܛܵܐ ܫܼܿܚܝܼܢܵܐ ܕܿܒ݂ܵܝܪܘܣܿ ܟܘܪܘܢܵܐ ܥܼܿܠܿ ܡܸܢܝܵܢܵܐܿ 1800 675 398
ܘܛܠܘܒܘܼܢ ܡܸܿܠܟܵܐ.ܐܸܿܢ ܣܿܢܝܼܩܹܐ ܝܿܬܘܢ ܕܿܣܼܚܒܸܪܝܼܬܘܢ ܠܿܚܼܕ ܐܵܿܣܝܵܐ،ܩܿܪܘܢ ܩܵܿܐ ܒܹܿܝܬ ܐܿܵܣܝܘܼܬܵܐ ܡ̣ܿܢ ܩܼܿܕ݇ܡܿ ܥܸܕܵܢܵܐ ܗܿܵܕܟ݂ܵܐ ܕܿܐܵܢܝܼ ܡܿܵܨܝܼܿ ܕܗܵܕܪܝܼܠܵܗܿ̇
ܓܵܢܼܝܗܝ.
ܡܼܪܗܘܼܝܹܐ ܥܼܿܝܢܵܐ ܥܼܿܠ ܢܿܝܼܫܼܢܩܹܐ ܕܿܡܼܪܥܵܐ
ܐܸܢ ܦܼܿܪܨܘܦܵܐ ܕܿܡܼܣܘܼܡܹܐ ܝܿܬܘܢ ܒܿܵܠܵܐܿ ܐܸܠܹܗ ܡܼܿܚܙܘܼܝܹܐ ܝܿܠܹܗ ܢܿܝܼܫܼܢܩܹܐ ܕܿܡܼܪܥܵܐ ܩܸܿܫܝܹܐ، ܐܼܿܝܟ݂ ܥܼܿܣܩܘܼܬܵܐ ܒܿܫܩܵܠܵܐܿ ܢܵܦܵܣ، ܩܿܪܘܢ ܥܼܿܠܿ ܡܸܢܝܵܢܐ ܕܿܬܠܵܬܵܐܿ
ܨܝܼܦܿܵܪܹ̈ܐܿ (000) ܘܿܛܠܘܒܘܼܢ ܚܿܕܵܐ ܐܼܿܡܒܘܠܵܢܣ.
ܐܸܢ ܚܼܿܕ ܦܼܿܪܨܘܦܵܐ ܐ݇ܿܚܹܪ݇ܢܵܐ ܡܼܿܚܙܘܼܝܹܐ ܝܿܠܹܗ ܐܼܿܝܢܝܼ ܢܿܝܼܫܼܢܩܹܐ ܕܿܡܼܪܥܵܐ ܕܿܗܵܘܝܼ،ܐܵܿܢܝܼ ܓܿܵܪܓܼܿ ܕܡܼܪܝܸܙܝܼܿ ܕܦܵܝܫܝܼ ܨܿܘܼܚܨܸܝܹܐ ܘܿܕܦܵܝܫܝܼܿ ܓܿܵܘ ܒܼܿܝܬܵܐܿ.
ܡܼܪܝܸܙܘܼܢ ܕܿܦܵܝܫܝܼܬܘܢ ܨܿܘܼܚܨܸܝܹܐ ܐܸܿܢ ܐܿܝܼܬܠܵܘܟ݂ܘܢ ܐܼܿܝܢܝܼ ܡ̣ܿܢ ܢܿܝܼܫܼܢܩܹܐ ܕܿܒܸܐܬܵܝܵܐ ܝܿܢܵܐ: ܚܼܿܡܚܼܡܬܵܐ، ܪܼܿܬܪܼܬܬܵܐ ܝܼܿܢ ܕܿܥܿܵܬܬܵܐ،ܫܿܥܵܠܵܐܿ ܝܼܢ ܒܿܵܠܘܥܬܵܐܿ
ܕܡܪܵܥܝܵܐ ܝܿܠܵܗ̇، ܟܼܿܪܝܘܼܬܵܐ ܕܿܫܩܵܠܵܐܿ ܢܵܦܵܣ، ܢܼܿܚܝܼܪܵܐ ܕܿܡܝܼܹܗ ܒܸܿܨܠܵܝܵܐ ܝܿܢܵܐ، ܛܼܿܠܼܩܬܵܐ ܕܿܪܸܓ݂ܫܵܐ ܕܿܪܹܝܚܵܐ ܝܿܢܼ ܕܿܛܼܥܡܵܐ.
Assyrian 4 – What to do if you've tested positive for coronavirus (COVID-19)

What to do if you've tested positive for coronavirus (COVID-19) – Assyrian 5

To find out more information about coronavirus and how to stay safe visit DHHS.vic – coronavirus disease (COVID-19) <https://www.dhhs.vic.gov.au/coronavirus>

If you need an interpreter, call TIS National on 131 450

For information in other languages, scan the QR code or visit
DHHS.vic –Translated resources - coronavirus (COVID-19) <https://www.dhhs.vic.gov.au/translated-resources-coronavirus-disease-covid-19>

For any questions

Coronavirus hotline 1800 675 398 (24 hours)
Please keep Triple Zero (000) for emergencies only

To receive this document in another format phone 1300 651 160 using the National Relay Service 13 36 77 if required, or email Emergency Management Communications <covid-19@dhhs.vic.gov.au>.

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