



Puhala tuitui he kalaie mo pā aki e ihu moe gutu

Design and preparation of cloth mask – Niuean

Tau koloa ke taute aki e pā ihu moe gutu:

Tau vala kehekehe kehe tauteaga he pā ihu/gutu	Laulahi he kalaie	Koe vahega kalaie ke fakaaoga	Fakataitai; falu a koloa ne fakaaoga e tau vahega kalaie pehē nai
Lata mo fafo poko tua he pā ihu/gutu	1 ni e vala kalaie laulahi, 25 cm x 25 cm	Lata moe kalaie uka ke pala he vai tuga e; (polyester/polypropylene)	<ul style="list-style-type: none"> • Tapulu tui • Tau kato lanu laukou ne fakaaoga he tau fale koloa tuku aki e tau fakatau • Taute tui faofao tino ke mafiti mōmō
Ke lata ia mo e vala he uho	1 ni e vala kalaie laulahi, 25 cm x 25 cm	Tau ie ne talaga mai he tau koloa nei ne tohia fakapalagi; (cotton polyester blend/ polypropylene)	<ul style="list-style-type: none"> • Fakatatai moe a na i luga: • Tapulu tui poke • Kato lanu laukou ne fakaaoga tuku aki e tau fakatau mai he fale koloa
Ke lata moe vala i loto	1 ni e vala kalaie laulahi, 25 cm x 25 cm	Ie ne mukamuka ke mamiti e vai ki ai (cotton)	<ul style="list-style-type: none"> • Tapulu tui
Ke lata mo e vala kehe tau teliga poke pipi ki tua he ulu	2 vala taki 20 cm e loa he taha e vala	Kalasapi matoho poke tuitui e kave kalaie	<ul style="list-style-type: none"> • Tapulu miti • Kave sevae

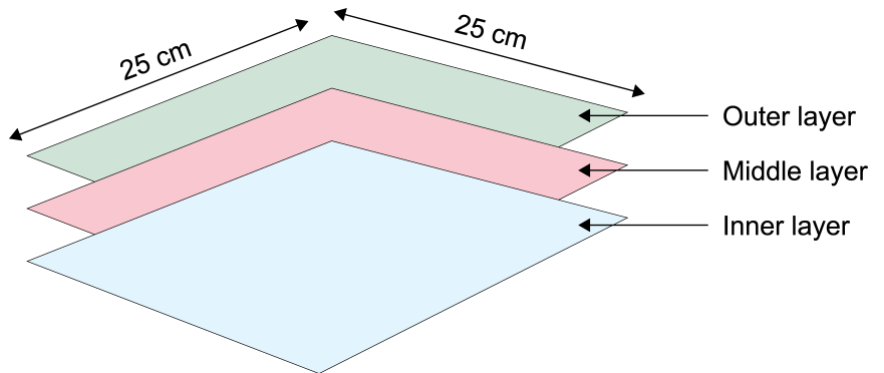
FAKAILOAAGA MAHUIGA: Lali ke fakaaoga e tau ie ne ai aleale lahi poke fai pūpū.

Fakakia e fakamailoga ne tau he viko ie ke totou e fakamaamaaga koe higoa tau koloa ne fakaaoga ke taute aki e ie ia to fakatau e kalaie. Koe laulahi he kalaie moe tau fuafua kua fakataitai atu kehe tagata lahi.

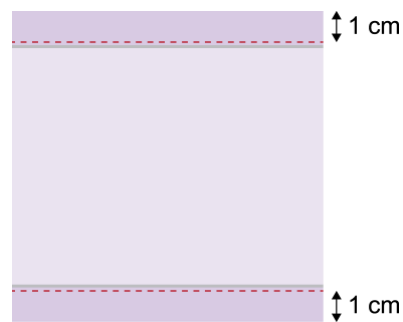
Puhala ke tuitui aki

- A. Hele tolu e vala ie laulahi 25 cm x 25 cm e paka fa he taha e vala ie.**

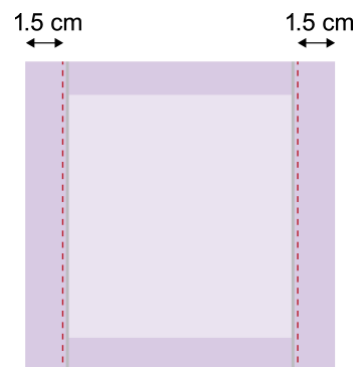
Koe tau vala e ke taute aki a vala ki fafo moe uho he pa ihu/gutu.



- B. Pepelu 1cm ke lata mo e ve i luga moe i lalo (tuga a na ne fakakite he laini kula he fakatino)**

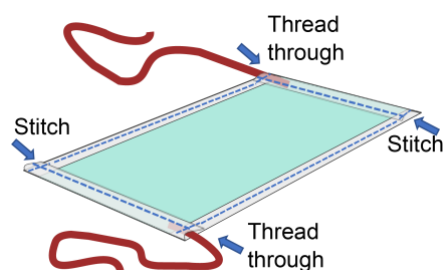


- C. Pepelu 1.5 cm e tau faahi tuga a na ne fakakite he fakatino (laini ne fakamailoga kula).**

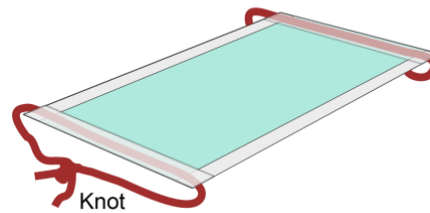


- D. Toho a kalasapi 20cm he loa, poka ha kave ni haau ne kua fakaaoga he pepelu ne fakamaama he puipui C. Pepelu ne laulahi, toho he tau faahi ne ua tuga he fakakite he fakatino na he faahi.**

Fakaaoga e pine ulu poka pine fakamau tapulu ke toho aki e kave.

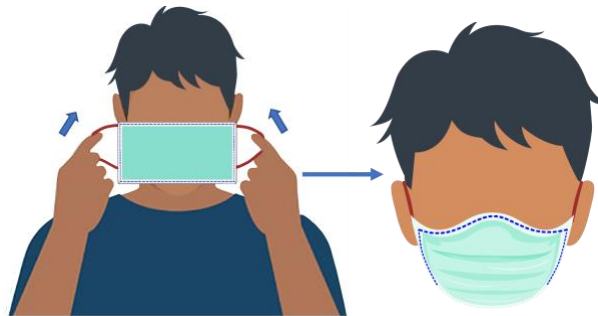


E. Pona poke tuitui e tau kave tuga ni a na ne fakakite he fakatino he faahi.

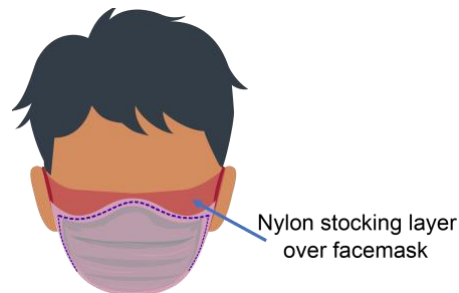


F. Tui fakamitaki e pa ihu/gutu ke malu mitaki haau a gutu moe ihu.

Magaaho ka tui e pa ihu/gutu ua amoamo e vala na i tua ne toka noa mai ke fafo.



G. Ka manako ke hao mitaki e pa ihu/gutu haau, ti fakaaoga e nylon stocking i luga ke maeke ke pipi ki tua he ulu.



To find out more information about corona virus and how to stay safe visit [DHHS.vic – coronavirus disease \(COVID-19\)](https://www.dhhs.vic.gov.au/coronavirus)

<<https://www.dhhs.vic.gov.au/coronavirus>>

If you need an interpreter, call TIS National on 131 450

For information in other languages, scan the QR code or visit [DHHS.vic –Translated resources - coronavirus \(COVID-19\)](https://www.dhhs.vic.gov.au/translated-resources-coronavirus-disease-covid-19)

<<https://www.dhhs.vic.gov.au/translated-resources-coronavirus-disease-covid-19>>

For any question

Coronavirus hotline 1800 675 398 (24 hours)

Please keep Triple Zero (000) for emergencies only



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