To keep your family, friends and community safe you must:

- Keep your distance - no handshakes, hugs or kisses.
- Maintain good hygiene.
- Have no more than 5 visitors at your home.
- Not meet in groups of more than 10 outside the home.
- If you have been tested for coronavirus, stay home until you have your results.

These restrictions are in place from June 22.
If you are feeling sick you must get tested and should:

- Not visit friends and family.
- Not go to work or school.
- Not go on holiday.

To get translated information about how to stay safe use the camera on your phone to scan the QR code.

If you need an interpreter, call TIS National on 131 450.