

Nang leh na innkuanpihte kikem bit in.

Na khuh leh na hetchiau ciang daal in.



1

Na khuh leh na hetchiau ciang in na kam leh nak tissue tawh daal in.

Na zatsa tissue pen **NIINBUNG** ah paai in.

2



3

Tissue na neih kei leh na khuh ciang in na ban bul tungah ahih kei leh na kiu tungah khuhin hetchiau in, **NA KHUT TUNGAH HILO-IN.**

Na khut satpiang leh tui tawh **SILSIANG IN.** A kipaaziau thei paper towel ahih kei leh hand dryer tawh na khut nuul keu in.

4



Cidamin la natna lungno kaai kei in