



Coronavirus (COVID-19)

Protect yourself and others

- **Wash your hands** – cough and sneeze into a tissue or your elbow
- **Keep your distance** – a full arms span (1.5 metres) away
- **Stay home if you are feeling unwell** – if you have symptoms, get tested.

What are the symptoms of coronavirus (COVID-19)?

- Fever
- Chills or sweats
- Cough
- Sore throat
- Shortness of breath
- Runny nose
- Loss of sense of smell
- In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered.

To find where you can get a test or for more information go to:

www.dhhs.vic.gov.au/coronavirus

For more advice, call the

Coronavirus hotline 1800 675 398 (24 hours)

Your local doctor or use our online self-assessment tool.

Please keep Triple Zero (000) for emergencies only

To receive this publication in an accessible format
email COVID-19@dhhs.vic.gov.au

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne.
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and Human
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