



Gaabinta faafitaanka coronavirus

Waa inaad guriga joogtid. Waxay badbaadineysaa nafaf badan

- **KU DHAQ** gacmaha badanaa biyo soconaya iyo saabuun, ugu yaraan 20 ilbiriqsi. Iskuqalaji shukumaanka warqada ah ama qacan qalajiyee.
- **ISKUDAY** inaadan taaban indhahaaga, sankaa ama afka.
- **KU DABOOL** sankaa iyo afkaaga tiishuu markaad qufacdo ama hindhisto. Haddii aadan heysan tiishuu ku qufac ama ku hindhis suxulkaaga ama gacma dheerahaaga.
- **TALEEFANGAREE** dhakhtarkaaga ama Khadka degdega ah – **1800 675 398** – haddii aad u baahan tahay caafimaadkaaga in la eego. Waxay kuu sheegi doonaan wixii aad sameyn lahayd.
- **SII WAD** u dhaqankaaga si caafimaad leh: jimicso, biyo cab, hurdo badan qaado.
- **SOO IIBSO** jeermis dilaha gacanta oo aalkahool leh ka badan 60% aalkahool ah.



Ka ogow wax ka sii badan

www.coronavirus.vic.gov.au/somali

Haddii aad wax saluugto , wac Khadka degdega ah ee
coronavirus 1800 675 398 (24 saac)

Haddii aad u baahan tahay tujumaan, ka wac TIS National 131 450
Fadlan u heyso Saddexda Eber (000) xaalada degdega ah oo kaliya

Si aad ugu hesho daabacaadan qaab aad u isticmaali kartid limey! COVID-19@dhhs.vic.gov.au

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Slowing the spread of coronavirus (COVID-19) - Somali



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